

# STUDENT HANDBOOK



**Wildwood**

CENTER FOR HEALTH EVANGELISM

**10<sup>TH</sup>**  
EDITION

The Wildwood Center for Health Evangelism (CHE) Student Handbook,  
10th Edition, 2021-2022

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All policies of this handbook will be reviewed and updated bi-annually.

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The information presented in the following pages is a statement of the policies and procedures at Wildwood CHE at the time of printing. The policies, prices, and fees may change without prior notice. The registrar may be contacted for further information in regard to changes or clarification of particular items at [registrar@healthevangelism.com](mailto:registrar@healthevangelism.com).

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"Every son and daughter of God is called to be a missionary; we are called to the service of God and our fellow men; and to fit us for this service should be the object of our education."

**ELLEN WHITE,  
MINISTRY OF  
HEALING, PAGE 395**



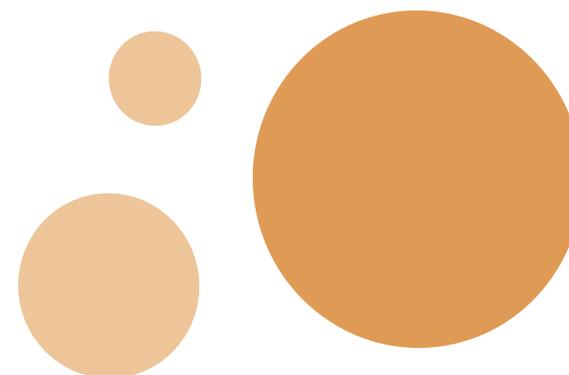


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**OUR MISSION STATEMENT**

The Wildwood Center for Health Evangelism exists to train and empower Seventh-day Adventists to become medical missionaries, committed to a life of service that transforms their home, church, community, and the world.

**OUR VISION STATEMENT**

Every member of the Seventh-day Adventist Church a gospel medical missionary.



## THE WILDWOOD CENTER FOR HEALTH EVANGELISM



### WELCOME

We are delighted and honored that you find yourself interested in coming to the Wildwood Center for Health Evangelism. We are counseled in the book Testimonies for the Church, Vol. 3, page 160, that *"the great object of education is to enable us to use the powers which God has given us in such a manner as will best represent the religion of the Bible and promote the glory of God"*. Since 1942, our commitment has been to be a "serving, educating, and healing" ministry that equips and empowers men and women who desire to be effective missionaries with the practical skills and training necessary to reach a "sin-sick", dying world. If you sense God's calling to a life of service, then Wildwood may be the place for you, and we extend a warm welcome to you.

Please take time to read through this handbook prior to applying to be a student. If you are an international student, please take special note of the information about visas on pages 95-99. Your application - including the references - will be processed upon completion. If you have any further questions, please do not hesitate to email or call us. You can contact our registrar at [registrar@healthevangelism.com](mailto:registrar@healthevangelism.com) or +1 (706) 419-0030. We look forward to hearing from you.

### HISTORICAL SKETCH

For almost 80 years, the Lord has faithfully supplied means, funds, materials, and staff as needed to run the Wildwood Center for Health Evangelism. Teachers, students, workers, nurses, and physicians have faithfully shared in making the envisioned plan a reality. God has blessed our determination to provide a place outside the city where the sick can come to find healing and learn principles of health and salvation, and where we can train hundreds of medical missionaries who can go out to continue the work.

We currently offer three courses of study, all with one goal in mind: to equip gospel medical missionaries who are passionate about bringing the blessings of salvation to a dying world. In this handbook, you will learn about our Health Evangelism, Lifestyle Counseling, and Ministry Management courses, as well as our missionary volunteer option. In addition, you will discover the principles and guidelines that make Wildwood an environment that encourages physical, mental, and spiritual growth.

*Scan QR code with your phone camera  
or click on QR code for an overview  
video about Wildwood.*



## WHAT IS MEDICAL MISSIONARY WORK

Have you ever wondered what the ministry of Christ would look like in the 21st century? What if Jesus were here today; what kind of ministry would he be involved in? What could we expect Jesus's method to look like?

We really don't have to guess because the bible tells us in Matthew chapter 9 and verse 35. In verses 35-36, it says, "*And Jesus went about all the cities and villages, **teaching** in their synagogues, and **preaching** the gospel of the kingdom, and **healing** every sickness and every disease among the people. But when he saw the multitudes, he was moved with compassion on them because they fainted, and were scattered abroad, as sheep having no shepherd.*" So the bible tells us that Jesus was teaching, preaching, and healing.

Jesus didn't only speak the word, He lived the word, and Christ reached out to touch people where they were. Where there was sickness, He reached out in healing where there was discouragement, depression He reached out to lift the spirits of

people to give them hope and to give them encouragement. Where people were demon-possessed, He delivered them. So the ministry of Christ was physical, mental, and spiritual! We call that today medical missionary work; the true medical missionary reaches out in love and touches people, meets their needs for Christ's sake.

Everybody has felt needs; that felt-need maybe to overcome smoking, that felt-need maybe to lose weight, the felt-need maybe to reduce cholesterol disease and attempt to reduce that heart disease, reduce cancer risk by a plant-based diet; so everybody has some-felt need, it may be a need to put together their marriage, but that's a felt need; the true inner need of the soul is a spiritual need, and Jesus comes to minister to people's spiritual needs. He comes to meet their felt needs so He can meet their ultimate needs.

When you do medical missionary work, you are walking in the footsteps of Christ; you meet felt needs so you can touch them in the area of their need so that you can ultimately meet their need to know Christ! As you're involved in medical missionary work, remember this, you are walking in the footsteps of Christ, doing the missionary work of Christ, modeling the love of Christ to a generation that wants to see a sermon as much as they want to hear one.

Pastor Mark Finley, Wildwood Alumna



*Scan QR code with your phone camera or click on the QR code for a message by Pastor Mark Finley.*



## WHY MEDICAL MISSIONARY WORK

"We have come to a time when every member of the church should take hold of medical missionary work" (Ellen White, *Testimonies for the Church*, Vol. 7, page 62).

"The last rays of merciful light, **the last message of mercy to be given to the world, is a revelation of His character of love.** The children of God are to manifest His glory. In their own life and character they are to reveal what the grace of God has done for them" (Ellen White, *Christ's Object Lessons*, page 415, paragraph 5).

"There is a great work to be done. **How shall we reveal Christ? I know of no better way (...) than to take hold of the medical missionary work in connection with the ministry.** Wherever you go, there begin to work. Take an interest in those around you who need help and light. You may stand and preach to those here who know the truth; you may preach sermon after sermon to them, but they do not appreciate it. Why? Because they are inactive. Everyone who is able to go out and work should bring to the foundation stone, not hay, wood, or stubble, but gold, silver, and precious stones" (Ellen White, *The General Conference Bulletin*, 1901, Extra No. 18; *Medical Ministry*, page 319, paragraph 1).



Scan QR code with your phone camera or click on QR code for a message by Sebastien Braxton.



1

### LEARNING OBJECTIVES FAITHFUL DISCIPLES

Students demonstrate Christian character and practice social intelligence by exercising appropriate behavior during outreach programs, social events, and other planned activities.

2

### PRINCIPLED WORKERS

Students display a professional commitment to strong moral principles on the job, and in practical learning experiences by consistently producing quality work, and exercising self-discipline, self-control, and diligence.

3

### SPIRITUAL LEADERS

Students follow Jesus Christ's example of faith-filled leadership by rendering love-motivated church ministry that magnifies the universal principles of the biblical Ten Commandments in speech and action.

4

### MEDICAL MISSIONARIES IN SPEECH AND DEED

Students practice and promote physical, emotional, mental, and spiritual healing by leading in collaborative, community-based programming among diverse people groups, both domestically or internationally.

### CHRISTIAN PRINCIPLES

At Wildwood, we believe our success in training medical missionaries is dependent on faithfulness to Scripture and considerate of inspired counsels.

Your success as a student is largely dependent on the degree to which you are able to embrace and put into practice Christian ideals. For this reason, we invite you to prayerfully consider each of the principles on the following page, and commit to them fully, before applying to Wildwood.



## WE ADVOCATE

- Wholehearted devotion to Jesus Christ as Savior, Lord, and friend, which includes a lifestyle of prayer time, Bible study, obedience to the Scriptures, and Christian service.
- Support of the ideals, teachings, and organization of the Seventh-day Adventist Church through talents, influence, tithes, and offerings.
- Dedication to excellence in all aspects of the Institute's educational programs. This includes regular and punctual attendance, attentiveness in class, diligent study, and faithful completion of all required assignments.
- Recognition of the sanctity of work and the importance of a balance between intellectual and manual labor as part of education.
- Respect for one's body as the temple of God and determined abstinence from alcohol, tobacco, illegal drugs, and other harmful substances.
- Purity of heart, which means refrainment from the exploitation of others both sexually and emotionally, as well as refrainment from premarital and/or extramarital sexual activities and/or other impure practices.
- Appreciation of those forms of recreation which encourage a deeper love for our Creator, such as hiking in nature, gardening, and camping.
- The highest ethical values, including transparent honesty in all situations, personal integrity, and fidelity to principle.
- Commitment to unity and cooperation while part of our campus family through the subordination of personal desires to the needs and schedules of others.





## HEALTH EVANGELISM (MEDICAL MISSIONARY COURSE)

### COURSE DESCRIPTION

Are you dreaming of becoming a missionary? Jesus in His mission work taught, preached, and healed. Our six-month Medical Missionary course combines all three, with an emphasis on health. This training is designed to give you all the skills you need to go out and reach the world through the health message. As Ellen White once wrote, medical missionary work is the “entering wedge of the gospel (...), and every soul should be filled with the true medical missionary spirit”.

### WHAT YOU WILL LEARN

- 1 Get equipped for a life of ministry in any mission field, both domestic and international.
- 2 Learn to educate others in the laws of health and disease prevention. It will encourage people to bring their lives into harmony with the laws of nature as designed by the Creator.
- 3 Understand how you can relieve human suffering and combat disease by using natural remedies which in turn will open hearts to hear about Jesus, the ultimate healer.

*Scan QR code with your phone camera or click on QR code for an overview video.*



### MINISTRY OPPORTUNITIES

- Serve as a health evangelist for a local church.
- Serve with any ministry affiliated with LIGHT, OCI, or other mission organizations around the world.
- Serve as a teacher in medical missionary schools.
- Serve as a Christian health educator in your community.

Completing this course also serves as a prerequisite for obtaining advanced training in the Ministry Management and Lifestyle Counseling courses at Wildwood, or apply for job opportunities at Wildwood Health Institute in medical missionary positions.

Visit [www.outpostcenters.org](http://www.outpostcenters.org) and [www.lightingtheworld.org](http://www.lightingtheworld.org) for more information.

## CURRICULUM

The Health Evangelism course is divided into four categories:

HEALTH

BIBLE

INTEGRATED EVANGELISM

MINISTRY DEVELOPMENT

### HEALTH

#### *GOD'S HEALING PROGRAM*

This class focuses on God's original plan for mankind when it comes to health, and how sin corrupted it. We will also look at the heavenly plan for restoration of body, mind, and spirit. And last but not least, we will teach you how you can distinguish between true and false remedies and methods of healing, using the Bible, Ellen White's writings, and science.

#### *ANATOMY, PHYSIOLOGY, AND LIFESTYLE*

Get a solid understanding of the anatomy and physiology of the human body, exploring the effects one's lifestyle has on the body when it comes to health and sickness.

#### *NUTRITION*

Explore the benefits of a plant-based diet. Look into basic nutrients, healthy dietary habits, and the link between one's diet and diseases. Learn how people from all ages can obtain appropriate nutrients from a plant-based diet. Discover tools for evaluating fads and avoiding extremes in nutrition. Work all of these aspects into a balanced, healthy, and plant-based weekly menu.

#### *COMMON DISEASES*

This class provides a foundational understanding of some of the most common diseases, their signs and symptoms, their relationship to lifestyle habits, and the use of God's natural remedies in



prevention and treatment.

#### *PRINCIPLES OF MENTAL HEALTH*

We will look into various mental illnesses and how lifestyle change can help prevent and treat them. We will also look at what the Bible says about mental health. "Every soul (...) should be filled with the true medical missionary spirit" (Ellen White, The General Conference Bulletin, April 7, 1903, page 105).

#### *HYDROTHERAPY*

Receive solid information on how hydrotherapy affects the human body, and how it is vital for good health and healing of physical and mental illnesses. In this class we seek to prepare students to become competent in providing skillful, safe, and appropriate hydrotherapy treatments in a home setting.

### MASSAGE

Get theoretic instruction in the classroom and practical training at Wildwood Lifestyle Center's facilities. Learn the benefits of massage, indications, and contraindications. Become skilled in giving an anti-stress chair massage and full body Swedish massage. Discover all the tricks for using massage for healing.

### HERBS & CHARCOAL

This class gives students a fundamental overview of the history and the use of herbs and charcoal. We'll look at usage for cooking, treatment of common diseases, and natural skin care.

### FIRST AID & MISSION MEDICINE

Learn and practice basic patient care routines to be used in a mission field or home setting. Learn about vital signs, how to handle emergency situations, wound care, cleanliness, medication versus herbs, and infection control.

### INTEGRATED EVANGELISM

#### HEALTH TALKS/EVANGELISTIC PUBLIC SPEAKING

Learn how to prepare brief health talks and present them in a way that will be interesting and informative to the public. You will give two short talks with visual aid.

### HEALTH EXPO

Learn how to effectively plan, organize, conduct a health expo for both adults and kids. Understand how to do a follow-up with contacts from the expo. This class also provides students with resources to train others to conduct effective health expos.

*Scan QR code  
with your phone  
camera or click  
on QR code for a  
student testimony  
video.*





### **PLANT-BASED COOKING**

Learn cooking tips and techniques as you prepare and sample plant-based recipes in this hands-on cooking class. Learn to implement Biblical principles of diet in cooking.

### **LIGHT TRAINING\***

Students get ready to go out and share what they have learned as a missionary in a cross-cultural setting. This they will do in a short three to four-week health evangelism training program in churches and conferences worldwide.

*\*Only when there are opportunities to go on mission trips.*

### **INTEGRATED EVANGELISM AND OUTREACH**

Learn how to follow Christ's method of mingling with people, winning their confidence, meeting their needs, and then sharing your faith during this practical course on personal evangelism. This course seeks to demonstrate how to do evangelism with health being the entering wedge. All students participate in different outreach activities on a weekly basis during specified afternoons/evenings and weekends.

### **BIBLE**

#### **CHRISTIAN LIVING**

If Christ has called His people to "live the truth," should they be following secular lifestyle standards? This class will use the Bible and Ellen White's writings to discover what a Christian walk looks like. We will also look at the devices Satan uses to weaken God's people, especially in these last days. Practical topics for study and discussion include: prayer life, how to know God's will, recreation, social life, music, worship, diet, dress, and stewardship.

### **PROPHETIC GUIDANCE**

An investigation of the role of the gift of prophecy as culminated in the life and ministry of Ellen White. Emphasis will be put on her role in the development of the Seventh-day Adventist Church, and the miracles that testify to her work.

### **PROPHECY STUDIES**

Go through a careful study of the prophetic books of Daniel and Revelation and discover its fulfillments in history. There will be a special emphasis on the prophetic heritage that stands behind the origin and purpose of the Seventh-day Adventist Church. This class explores the prophecies that relate to current and soon-coming events, and draws out lessons that will help you be ready for these last days.

### **SANCTUARY STUDIES**

In this class we will analyze the importance and uniqueness of the sanctuary message that is given to the Seventh-day Adventist Church. Students will review the role of Christ in the heavenly sanctuary, and how it is relevant for Christians today.

### **CHRISTIAN HOME**

This class provides a thorough discussion of the principles revealed in the Bible and Ellen White's writings regarding steps toward courtship, marriage, and a happy home.

### **ADVENTIST BELIEFS (ELECTIVE)**

The purpose of this class is to give students an understanding of the Seventh-day Adventist Church's fundamental beliefs, so that they can develop their own identity as Seventh-day Adventists.

### **THE MINISTRY OF HEALING**

What was Jesus' method of healing? Looking steadfastly at the Master, we shall learn how to truly go from grace to grace ministering to the needs others have in body, mind, and soul.

### **MINISTRY DEVELOPMENT**

#### **TRUE EDUCATION**

Discuss God's plan of education, see its preservation throughout history, and compare it with the world's system of education.

Discover the dynamic relationship between education and redemption while illustrating means by which Christian principles may pervade every facet of education.

#### **HOW TO START A MINISTRY**

Students will learn how to start their own ministry. We will go into basic Christian administration, sustainability, project management, and more. For a more in-depth study of Christian entrepreneurship, we have an advanced course called Ministry Management.

#### **FINISHING THE WORK**

The purpose of this class is to motivate every student to make a solemn, lasting commitment to God. Students will be encouraged to align their life goals with God's will for them, and prayerfully look into what kind of ministry He is calling them to.

#### **ORGANIC GARDENING**

The origin of food is as much part of the health message as it is cooking it. Get hands-on experience in gardening while working with a variety of organic plants. Students will be taught various options

for sustainable agricultural programs that they can run in their own countries, understanding that agriculture is the ABC of industrial education.

## OUTREACH

In-class students will participate in different outreach activities on a weekly basis as part of their training program. Each student will be assigned to a local church at the beginning of the semester with the following expectations:

- Faithful attendance to their assigned church each sabbath (attendance records will be kept as this influences completion of the course).
- Participation in services, activities, and outreach as required by the church.

Outreach development focuses on two major areas:

- Personal experience with nearby communities
- Personal experience with organizational structures (churches and communities)

Students will gain this experience throughout the semester on outreach days and weekends in the assigned churches. Regular updates on outreach endeavors should be given.

The Education department handles requests for health-related events at churches or community locations. Students will be expected to help with Health Emphasis Weekends (HEWS), health expos, and other health related events organized through the Education department. These events are typically scheduled over the weekend; therefore a number of weekends will be occupied with these activities.

"True education of students in medical missionary lines is not complete unless they are trained to work in connection with the church and the ministry."

Ellen White  
Counsels on Health,  
page 557





# LIFESTYLE COUNSELING COURSE

## COURSE DESCRIPTION

Walk side by side with your patients as you coach them to better health. The Lifestyle Counseling course follows up on the Basic Medical Missionary course, teaching you the art of personal ministry in the medical missionary and lifestyle center (sanitarium) work. This you will do both through theoretical classes and a practical apprenticeship at Wildwood Lifestyle Center and Clinic. You will get to do hands-on work as you interact with experienced lifestyle coaches, hydrotherapists, massage therapists, physicians, and administrators.

## WHAT YOU WILL LEARN

- 1 A health ministry demands an understanding of the health message itself. Dive deep into natural remedies, herbs, nutrition, physiology, mental health, and so much more.
- 2 Look into the beautiful ministry of coaching a patient as he takes steps toward better health. Know the difference between coaching and education. Understand when which one is necessary in personal ministry. Look at education itself as a witnessing tool by learning what it takes to start a mission school. Be prepared to function effectively in the care of the sick in a lifestyle center or mission station.

## MINISTRY OPPORTUNITIES

- Work as a lifestyle coach at a lifestyle center, medical clinic, or health retreat, or take a leadership position at a lifestyle center.
- Serve at any LIGHT ministry around the world.
- Develop and manage health programs for self-supporting ministries.
- Start your own lifestyle coaching business or city mission with health emphasis.

Visit [www.outpostcenters.org](http://www.outpostcenters.org) and [www.lightingtheworld.org](http://www.lightingtheworld.org) for more information.

## CURRICULUM

The Lifestyle Counseling course is divided into five categories over the course of two semesters:

COACHING	HEALTH MINISTRY MANAGEMENT
HEALTH SCIENCE	
HEALTH EDUCATION	BIBLE

### COACHING

#### CHRISTIAN COACHING

Understand what the Bible says about personal ministry and coaching. Read through Christian literature to deepen your understanding of coaching. Get trained in an evidence-based motivational interview approach to help your patients reach their personal goals.

### **LIFESTYLE/WELLNESS COACHING**

Combine God's eight laws of health as found in the NEWSTART acronym along with the basic principles of health science. Learn how this combination empowers you to help your patients start their journey to a better health.

### **HEALTH SCIENCE**

#### **PATHOPHYSIOLOGY**

Sickness and death are part of the great controversy between Christ and Satan. Learn about common diseases on one end and God's health principles on the other end. Learn how simple lifestyle changes can bring your patients the healing they seek. Having an understanding of these diseases will prepare you to sympathize with the suffering.

### **PHYSIOLOGY OF HYDROTHERAPY**

Why should you use hydrotherapy in the treatment of disease or injury? When should you use a particular hydrotherapy treatment and when should you not. Lastly, how does it work? Learn about how the body works in its physiology and how hydrotherapy can provide healing.

### **HERBOLOGY**

Dig deep into herbal remedies and their properties, and how to prepare and apply them. You will learn how to make teas, tinctures, concoctions, poultices, salves and more. Grow your skillset and knowledge of herbs through this hands-on class.

### **THERAPEUTIC NUTRITION**

Nutrition is key in maintaining optimal health. Discover for yourself which nutrients the human body needs and in what proportions. Using your coaching skills, help your patients make the dietary changes they need for health and healing.

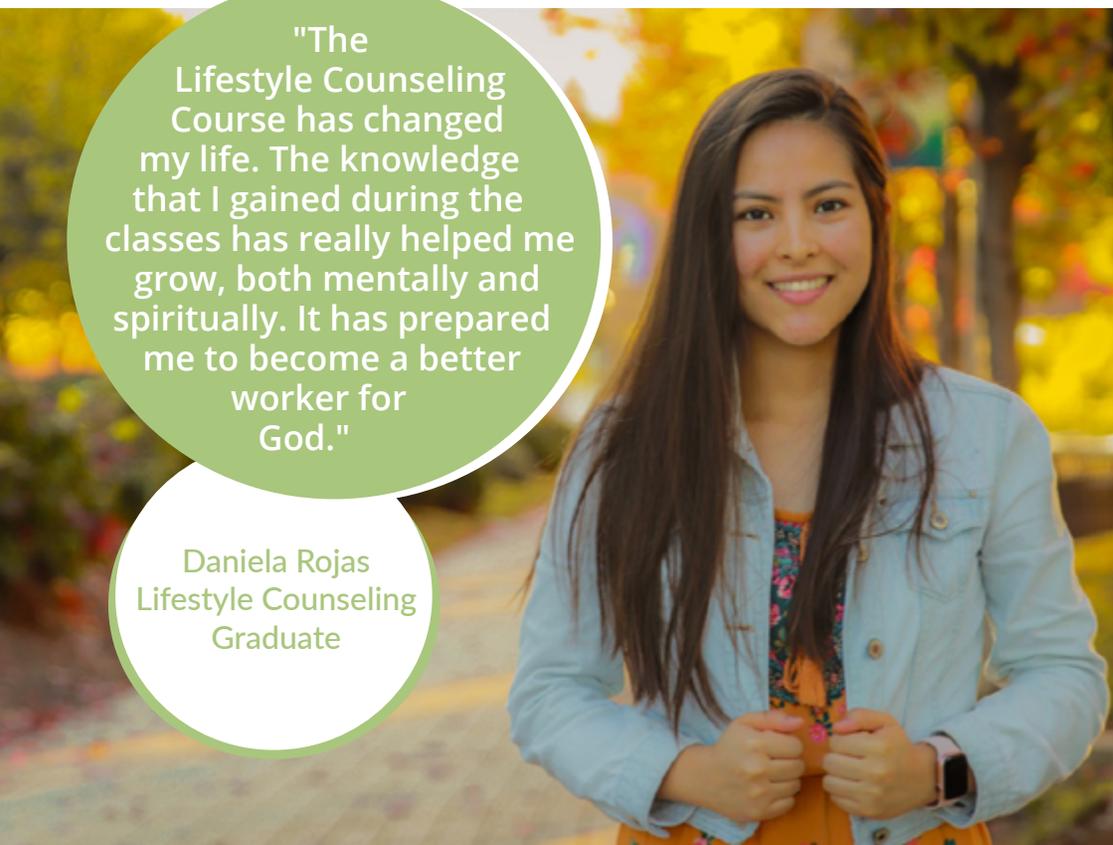
### **MENTAL HEALTH & LIFE ALIGNMENT**

Emotional well-being is just as important as physical fitness. Learn the basics of mental health and the connection between the body and mind. Apply Biblical methods to provide healing for patients struggling with mental illnesses.

### **HEALTH EDUCATION**

#### **ADVANCED MISSION MEDICINE (PHLEBOTOMY)**

Gain an understanding of basic lab work and phlebotomy. Learn how to find an appropriate site to draw blood from, perform proper sanitary isolation procedures, and select and use the appropriate needles and collection tubes in order and process the collected samples.



"The Lifestyle Counseling Course has changed my life. The knowledge that I gained during the classes has really helped me grow, both mentally and spiritually. It has prepared me to become a better worker for God."

Daniela Rojas  
Lifestyle Counseling  
Graduate

### **EDUCATIONAL DEVELOPMENT**

In this class, students will learn the basics of developing and managing an educational institution or training school. Topics covered will include curriculum development, teacher development, student recruitment, and principles and implications of financial management. This class is a joint class with the Ministry Management students.

### **PRINCIPLES OF HEALTH RESEARCH AND DELIVERY**

Learn to prepare and present thorough winsome health lectures. Analyze and evaluate scientific literature regarding lifestyle coaching and natural remedies. It is crucial for a lifestyle coach to stay up-to-date with the latest scientific information, so that the highest quality of ministry can always be guaranteed.

### **PHYSICAL EDUCATION AND FITNESS**

Learn and understand the basic principles in physiotherapy as well as focusing a bit more closely on physical exercise and its role in maintaining optimal health, both physically and mentally.

### **PATIENT MANAGEMENT & MEDICAL HISTORY CHECKS**

Someone comes to you with a health complaint and you want to help them, but where do you start? How do you proceed? This class will give you tools that you need to help any person with physical complaints. You will learn how to do a thorough medical history check and do a physical evaluation as an invaluable tool in your care of the sick.

### **MEDICAL MINISTRY**

The class goes through the book Medical Ministry by Ellen White, examining the heaven-ordained principles for ministry from the context of health work. It will also explore the practical applications for our time.

### **HEALTH CONSULTATION & HEALTH EMPHASIS TRAINING**

This class prepares the students to conduct a health consultation and health emphasis training on a small and large scale. Get to grips with giving health advice to people. This class includes practical training in the community when possible.

### **HEALTH MINISTRY MANAGEMENT**

#### **LIFESTYLE CENTER ORIENTATION**

How do you function in a lifestyle center? Who do you go to for answers? How do you interact with lifestyle guests? How do you chart their progress? What tests can you run? What treatments are offered? All these questions are answered in this class.



### **LIFESTYLE CENTER MANAGEMENT**

This class will study the example of Jesus' method of ministry where He first helped people physically, winning their confidence and love, and then shared with them from the Scriptures as the model of true evangelism. This will include studying how to apply this concept in modern times to sanitarium ministry, today often called lifestyle center ministry, and how to manage these centers successfully.

### **LIFESTYLE PROGRAM DESIGN**

This short class teaches the student how to design a simple lifestyle program for a basic health consultation.

### **CHRISTIAN LEADERSHIP I**

This class introduces principles of Christian leadership and how they can be applied to life and ministry. Topics include: servant leadership, time management, board management, decision-making, leadership across cultures, mentoring, and team building.

### **CHRISTIAN LEADERSHIP II**

This class is a continuation of the Christian Leadership class. We'll dive deeper into the seven habits of an effective leader by looking at both the Bible and the world of entrepreneurship. Learn from the mistakes others have made. Know how to make decisions as a successful leader.

### **BIBLE**

#### **APOLOGETICS**

This class seeks to teach students how to “sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear” (1Peter 3:15). Students will learn about the arguments that are



posed as questions, understand the underlying reason behind the questions, use Biblical methods of persuasion to convey ideas, and communicate effectively in an ever-changing present context.

### **HERMENEUTICS**

Hermeneutics is the discipline in theology that deals with the science of interpretation. Everyone is called to understand and practice the principles of Biblical interpretation. Thus, the objective of this class is to teach students the principles for how to study the Bible. Areas covered will include the science of hermeneutics (including the Adventist development of hermeneutics) and principles for Scripture interpretation.

### *CHURCH HISTORY*

Discover the entire history of the church in its many branches from the apostolic church to the reformation.

### *SEVENTH-DAY ADVENTIST HISTORY*

In this class, students will go through the history of the Adventist movement in order to empower students to understand God's will for their lives and the Adventist movement today. The class covers four main areas: principles for how to approach Adventist history, the beginnings of the movement, the organizational development, and after the prophet.

### *D'SOZO*

This class goes through the book d'Sozo by Dave Feidler. It takes a closer look at the history of medical missionary work within the Seventh-day Adventist Church, especially around the late 1800s and early 1900s, and the impact it has had on today's health evangelism.

*Scan QR code with your phone camera or click on QR code for a student testimony video.*





# MINISTRY MANAGEMENT COURSE

## COURSE DESCRIPTION

Entrepreneurship is more than just a means to gain wealth and live a good life. What if your business is also your ministry? During the 12-month Ministry Management course, various teachers with years of experience in business evangelism take you on a journey that will entirely change the way you look at entrepreneurship. You will learn everything you need to know to start your own business, and use it to win souls for Jesus.

## WHAT YOU WILL LEARN

### 1 ENTREPRENEURSHIP

- Kick-start your own business, from writing a business plan to hiring your first employee.
- Basic accounting and Christian finance
- Project management, including project life cycles, and work breakdown structures. Also learn planning, organizing, directing, and controlling projects.
- Manage specific ministry projects, such as in the food service industry, retail and merchandise industry, lifestyle centers, and educational development.
- Human resource management.

### 2 MARKETING & MEDIA

- Kick-start your own business, from writing a business plan to hiring your first employee.
- Basic accounting and Christian finance
- Project management, including project life cycles,

and work breakdown structures. Also learn planning, organizing, directing, and controlling projects.

- Manage specific ministry projects, such as in the food service industry, retail and merchandise industry, lifestyle centers, and educational development.
- Human resource management.

### 3 CHRISTIAN LEADERSHIP

- Kick-start your own business, from writing a business plan to hiring your first employee.
- Basic accounting and Christian finance
- Project management, including project life cycles, and work breakdown structures. Also learn planning, organizing, directing, and controlling projects.
- Manage specific ministry projects, such as in the food service industry, retail and merchandise industry, lifestyle centers, and educational development.
- Human resource management.

## MINISTRY OPPORTUNITIES

- Take a leadership position in an existing ministry.
- Develop and manage a self-supporting ministry (such as a lifestyle center, herb shop, health food store, restaurant, or treatment center).
- Develop and manage a missionary training school.
- Start your own city mission.

## CURRICULUM

Ministry Management is a one-year course focused on practical training centered in the principles of entrepreneurship and management that will give you the tools you need to start and run sustainable business ministries.

The course is divided into four segments over the course of two semesters:

GENERAL  
MANAGEMENT

SPIRITUAL  
FOUNDATION AND  
LEADERSHIP

SPECIALTY  
MANAGEMENT

ENTREPRENEURSHIP

### SPRING SEMESTER: ENTREPRENEURIAL FOCUS *CHRISTIAN LEADERSHIP I*

This class introduces principles of Christian leadership and how they can be applied to life and ministry. Topics include: servant leadership, time management, board management, decision-making, leadership across cultures, mentoring, and team building.

### *APOLOGETICS*

This class seeks to teach students how to “sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear” (1 Peter 3:15). Students will learn about the arguments that are posed as questions, understand the underlying reason behind the questions, use Biblical methods of persuasion to convey ideas, and communicate effectively in an ever-changing present context.



### *SEVENTH-DAY ADVENTIST HISTORY*

In this class, students will go through the history of the Adventist movement in order to empower students to understand God's will for their lives and the Adventist movement today. The class covers four main areas: principles for how to approach Adventist history, the beginnings of the movement, the organizational development, and after the prophet.

### *PRINCIPLES OF MARKETING*

This class explores the role of marketing in self-supporting work and the effective use of marketing in business. Students will learn to conduct market research, examine internet marketing, identify target markets and segments, analyze consumer behavior, assess promotional techniques, construct effective pricing strategies, understand ethical and legal considerations, and develop a comprehensive marketing plan.

### *MINISTRY DEVELOPMENT*

The objective of this class is that every student develops a definite plan and a ministry by the time they graduate. Topics include defining your mission/vision, strategic thinking, quantifying success, team development, legalities, fundraising, and how to start various types of ministry centers (lifestyle centers, training schools, clinics, etc.).

### *TECHNOLOGY FOR ENTREPRENEURS*

This class introduces students to essential technological and digital tools for ministries and businesses. Areas covered will include website design, basic graphic design (using Photoshop and InDesign), basic photography and videography (including vlogging), copywriting, storytelling in media to reach a target audience, and the utilization of social media for ministries and businesses.

### *LIFESTYLE CENTER MANAGEMENT*

This class will study the example of Jesus' method of ministry where He first helped people physically, winning their confidence and love, and then shared with them from the Scriptures as the model of true evangelism. This will include studying how to apply this concept in modern times to sanitarium ministry, today often called lifestyle center ministry, and how to manage these centers successfully.

### *RETAIL MANAGEMENT AND MERCHANDISING*

Students will learn operating procedures for a retail environment, inventory management, merchandising, and in-store marketing and retail management. Principles of store design layout and fixtures will also be addressed.

### *FOOD SERVICE MANAGEMENT*

This class explores various functions of management and encourages a systems approach to food production by integrating menu planning, purchasing, receiving, storage, production, and delivery into the business model. Students also learn to take an exact, time-tested approach to positive revenue management by leveraging client flow, dining time, table mix, meal duration, and variable pricing.



### **EDUCATIONAL DEVELOPMENT**

In this class, students will learn the basics of developing and managing an educational institution or training school. Topics covered will include curriculum development, teacher development, student recruitment, and principles and implications of financial management. This class is a joint class with the Ministry Management students.

### **WOOD WORKING**

#### **DEPENDENT ON TEACHER AVAILABILITY**

This class is designed to give students an introduction to wood work as a practical industry.

### **D'SOZO**

This class goes through the book d'Sozo by Dave Feidler. It takes a closer look at the history of medical missionary work within the Seventh-day Adventist Church, especially around the late 1800s and early 1900s, and the impact it has had on today's health evangelism.

### **FALL SEMESTER: MANAGERIAL FOCUS**

#### **CHRISTIAN LEADERSHIP II**

This class is a continuation of the Christian Leadership class. We'll dive deeper into the seven habits of an effective leader by looking at both the Bible and the world of entrepreneurship. Learn from the mistakes others have made. Know how to make decisions as a successful leader.

### **HERMENEUTICS**

Hermeneutics is the discipline in theology that deals with the science of interpretation. Everyone is called to understand and practice the principles of Biblical interpretation. Thus, the objective of this class

is to teach students the principles for how to study the Bible. Areas covered will include the science of hermeneutics (including the Adventist development of hermeneutics) and principles for Scripture interpretation.

### **CHURCH HISTORY**

Discover the entire history of the church in its many branches from the apostolic church to the reformation.

### **BUSINESS COMMUNICATION**

This course is a study and application of appropriate practices in oral and written business communication. It provides a theoretical and practical framework for understanding and conducting efficient and effective business communication. Business letters, reports presentations, and employment skills are emphasized.

### **HUMAN RESOURCE MANAGEMENT**

Students will learn human resource management as a business and ministry tool, studying job analysis and planning, employee recruitment, measurement and evaluation, compensation, team building, talent management, staff training, and professional development.

### **BUSINESS & STRATEGIC PLANNING**

This class is designed to provide students with experience in strategic analysis, decision-making, and planning. Students learn to plan, identify, analyze, propose alternative solutions, and make decisions regarding business strategy.

### **CASE STUDIES & ANALYSIS**

Examine different self-supporting ministries, successful and unsuccessful (with SWOT, etc.), on all different levels (financial, spiritual, managerial, etc.). Then develop a proposal to implement feasible changes.

### **BUSINESS EVANGELISM**

By studying the Scriptures, we will identify how the gospel was never meant to be separate from entrepreneurship and management. Resulting out of this fact, we will realize that all of God's people were meant to work fulltime in ministry through their daily work, personally and corporately. We will investigate in detail how spirituality and evangelism was designed to be the main focus of every area of management (planning, organizing, directing and evaluating). Finally, we will analyze and apply practically what we have learned from different departments and ministries on campus.

### **ACCOUNTING**

This course covers the fundamental accounting principles for sole proprietorships and corporations. The recording of business transactions through the accounting cycle will be covered from journaling, posting, adjusting, and closing entries through working papers, and preparation of financial statements. Related topics will include internal control, ethical accounting practices, cost accounting, and budgeting.

### **FINANCIAL MANAGEMENT**

Students learn how to integrate the Biblical relationship between faith and finance into all aspects of financial management. Topics covered will include value methodology, cash flows, evaluating and managing a portfolio's risk and return relationship, capital budgeting

and investments, and determining optimal capital structure.

### **CITY MISSIONS**

Students will look at various kinds of existing ministries and will explore how they are reaching those around them in a financially sustainable way.



"The Ministry Management course has given me the best hands-on experience I've ever had. It taught me how to run a business/ministry by bridging the gap between entrepreneurship and the gospel."

Alex Deis,  
Ministry Management  
Graduate



## COURSE PREREQUISITES

### SIX-MONTH HEALTH EVANGELISM COURSE

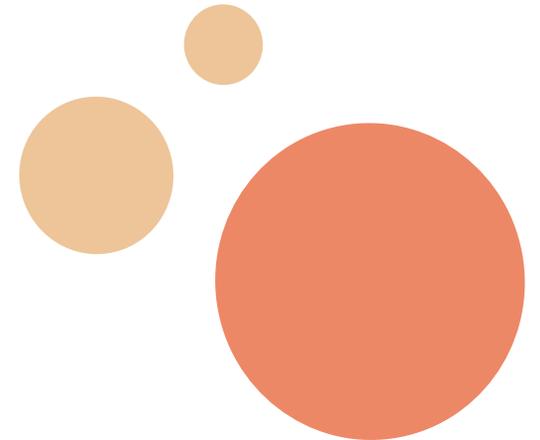
- 1 Mission-minded and desire to be a missionary
- 2 At least 18 years old
- 3 Proficiency of the English language (verbally, reading, and writing)
- 4 If you are in your teenage years, you need to have completed your secondary education.

### ONE-YEAR ADVANCED LIFESTYLE COUNSELING COURSE

- 1 Mission-minded and desire to be a missionary
- 2 At least 18 years old
- 3 Be mature, responsible, and have good interpersonal skills.
- 4 Proficiency of the English language (verbally, reading, and writing)
- 5 Successful completion of the Wildwood Basic Medical Missionary course (on campus or online) or any LIGHT affiliated six-month course (with hydrotherapy and massage certificates)

### ONE-YEAR ADVANCED MINISTRY MANAGEMENT COURSE

- 1 Mission-minded and desire to be a missionary
- 2 At least 18 years old
- 3 Mature, responsible, and good interpersonal skills. Interest in business
- 4 Proficiency of the English language (verbally, reading, and writing)
- 5 Successful completion of the Wildwood Basic Medical Missionary course (on campus or online) or any LIGHT affiliated one or six month course.





# GRADING AND CLASS POLICIES

## DEDICATION CEREMONY UPON COMPLETION

A special dedication ceremony will be held for those who have successfully completed any of the courses, and are ready to reach the world for Christ as a missionary.

## GRADING SYSTEM

Since education is broader than just academic achievements, students' scores will be based on:

- Dorm evaluations
- Work evaluations
- Homework and exams
- Demonstration of practical skills, technical proficiency
- Overall participation and attendance (outreach, church, classroom),

Grade reports are issued at the end of each course, and overall GPA at the end of the program. Any corrections and grade changes must be made within two weeks of the date when grades are issued. All grades become final after this date. Basic Medical Missionary course students who fail to pass a class will have the option to repeat it online (fees may apply). The higher grade will be used.

GRADING SCALE FOR CLASSES					
A+	4.0	(97 – 100%)	C+	2.3	(77 – 79%)
A	4.0	(93 – 96%)	C	2.0	(73 – 76%)
A-	3.7	(90 – 92%)	C-	1.7	(70 – 72%)
B+	3.3	(87 – 89%)	F	0.0	(69% or less)
B	3.0	(83 – 86%)	I	(Incomplete)	
B-	2.7	(80 – 82%)			

## CERTIFICATES

### HEALTH EVANGELISM (MEDICAL MISSIONARY COURSE)

Upon satisfactory completion of the *Medical Missionary course*, and fully meeting the financial obligations, the student will receive the following certificates\* of completion:

- Health Evangelism
- Swedish Massage\*\*
- Hydrotherapy\*\*\*

### LIFESTYLE COUNSELING

Upon satisfactory completion of the *Lifestyle Counseling course*, and fully meeting the financial obligations, the student will receive the following certificates of completion:

- Lifestyle Counseling
- Christian Leadership

### MINISTRY MANAGEMENT

Upon satisfactory completion of the *Ministry Management course*, and fully meeting the financial obligations, the student will receive the following certificates of completion:

- Ministry Management
- Christian Leadership

**\*\*To obtain the Swedish Massage certificate, the following classes must be satisfactorily completed:**

- Swedish Massage
- Physiology
- All principle classes (Christian Living, Christian Home, God's Healing Program, True Education, Self-Supporting Work, and Prophetic Guidance)

**\*\*\*To obtain the Hydrotherapy certificate, the following classes must be satisfactorily completed:**

- Hydrotherapy
- Physiology
- All principle classes (Christian Living, Christian Home, God's Healing Program, True Education, Self-Supporting Work, and Prophetic Guidance)

**The following table summarizes the class requirements for each certificate granted:**

CLASSES REQUIRED					
Certificate Granted	Principle Classes	Lifestyle Physiology	Swedish Massage	Hydrotherapy	All Other Classes
Health Evangelism	●	●	●	●	●
Swedish massage	●	●	●		
Hydrotherapy	●	●		●	

*\*The Wildwood Center for Health Evangelism's courses are not accredited. The Swedish Massage class does not qualify the graduate to practice licensed massage therapy upon completion, but is merely for religious purposes.*



## ATTENDANCE POLICY

- Students will be present at the scheduled time of appointments (including class, dorm worship, curfew, kitchen duty, Sabbath ministry, work experience, religious services, etc.). Punctuality is of the utmost importance.
- For every unexcused tardy, the individual may be assigned to community service, or other disciplinary actions may be taken at the discretion of the education department during weekdays or on Sundays. For the first tardy, the Education director, dean, or teacher reserves the right to either assign service or give a warning.
- A tardy becomes an absence five minutes after the class or other appointment has begun. A lack of attentiveness or sleeping during class may also be considered an absence.
- More than three unexcused absences will result in further discipline in conjunction with the Education director and the Education Committee, and may result in dismissal from the program.
- All absence/tardy requests must be presented to the course coordinator for approval through a student leave form at least a day in advance.
- Students who miss more than 10% of class time (unexcused/without justification due to a student leave form) will fail the class.



## ABSENCES

If you must miss a meeting due to illness or other unavoidable circumstances, please contact the teachers/supervisors affected, preferably before your class or work assignment begins. Absences will be excused at the discretion of the teacher, supervisor, and/or Education director.

Sick leaves will require a sick note from the health advisor or doctor. It is the responsibility of the student to ensure full communication with the affected parties. (Please be aware that time missed might not be easily recuperated, and, depending on the severity of the situation, it may be necessary to continue the course online if too much time has been missed.)

## CLASSROOM POLICIES

- During class, phones are to be turned off (not turned to vibrate or do not disturb mode, but completely off).
- You may use your laptop to take notes or do things that relate to the class being presented. The instructor may use their discretion to not allow laptops for their class.
- Social media use (emailing, Facebook, TikTok, Instagram, WhatsApp, text messaging, etc.) is not allowed during class.
- Absolutely no food is to be taken into the classroom and eaten there. You are also not allowed to throw any food away in the trash cans in the bathrooms.
- Please keep the classrooms orderly and clean. Personal belongings are not to be left behind in the classrooms as these will be removed daily.
- Since proper dress helps create an atmosphere for learning, students are expected to attend class wearing appropriate clothing (smart casual/semi formal). Jeans, T-shirts, culottes, shorts, and flip-flops are not allowed, unless specifically announced.



# FINANCES

## APPLICATION FEE

There is a non-refundable \$50 application fee for all courses to be submitted along with an online application. International students will be required to pay an extra \$75 visa processing fee upon acceptance. Please note that Wildwood CHE does not accept students using any state or federal loans to attend this institution.

## COURSE COSTS - BASIC MEDICAL MISSIONARY COURSE

The cost of the Health Evangelism course is as follows:

- Application fee \$50
- Registration deposit \$420
- Tuition (including registration deposit) \$4200

## PAYMENT SCHEDULE

### Two Weeks After Acceptance

- Registration deposit \$420

### Upon Arrival

- Tuition remaining \$3,780

## COURSE COSTS - ADVANCED COURSES

The costs of the Lifestyle Counseling and Ministry Management courses are as follows:

- Application fee (waived for current Basic Medical Missionary students) \$50
- Registration deposit \$400
- Tuition (including registration deposit) \$4000

## PAYMENT SCHEDULE

### Two Weeks After Acceptance

- Registration deposit \$400

### Upon Arrival

- Tuition remaining \$3,600

## OTHER IMPORTANT THINGS TO PLAN FOR

- Personal care Dependent on individual (~\$500)
- Mission trip Varies based on destination
- Textbooks/syllabi/class materials \$400

## ROOM & BOARD

All students living on campus will be charged \$90 per week for room and board. These charges remain the same whether the student eats at the student cafeteria or not. Students who, during the course, remain off campus for five days or more will not be charged for food if they notify the Education department of their absence. They will have to follow the usual



process by filling out a student leave form prior to their absence. In order to not pay for room charges during extended absences, students may need to place their belongings in storage. That way their room is also available for use.

## REFUND POLICY

All cancellations must be made in writing and sent or delivered to the registrar in the Education building. Please note that the registration deposit fee is non-refundable. Refunds requested after the program has started are as follows:

- 50% of the tuition if submitted within 30 calendar days after the first day of class.
- All funds are non-refundable after 30 days

Students will be remunerated at a student intern rate for any extra hours owed.

## MISSIONARY VOLUNTEER PROGRAM

This program allows a student to work at Wildwood Health Institute to help offset the overall cost of the course. Obligations for those accepted for the Missionary Volunteer program are as follows:

- Pay the non-refundable \$420 registration deposit within two weeks of acceptance.
- Work for 40 hours per week on campus for six months to cover the remaining cost for tuition, room, and board.

The full program cost of \$4200 (see course cost breakdown on pages 60-61) is met with a total of 630 work credit hours over the course of six months.

## MISSIONARY VOLUNTEER PROGRAM REFUND POLICY

If, due to any unforeseen and unavoidable circumstances, a missionary volunteer student is unable to begin the program in the corresponding semester, the acquired Wildwood credit can be used for the semester following that one, used for any Wildwood online course (Health Evangelism in English or Spanish), transferred to another student's account, or used for any other Wildwood service or product. Since missionary volunteers attend the principle classes in the mornings together with the in-class students, a credit equivalent for these classes will be deducted from the scholarship student's account. Credit that is not used after one calendar year is forfeited. Credit cannot be converted into cash.

## OTHER EXPENSES

Students may participate in activities and outings that may involve additional costs. Such activities may include camping trips, visits to other Christian institutions, class trips, etc. These activities can be paid for with credit that is on the student's account, or in cash, depending on the outing and whether it is organized by the Center for Health Evangelism.

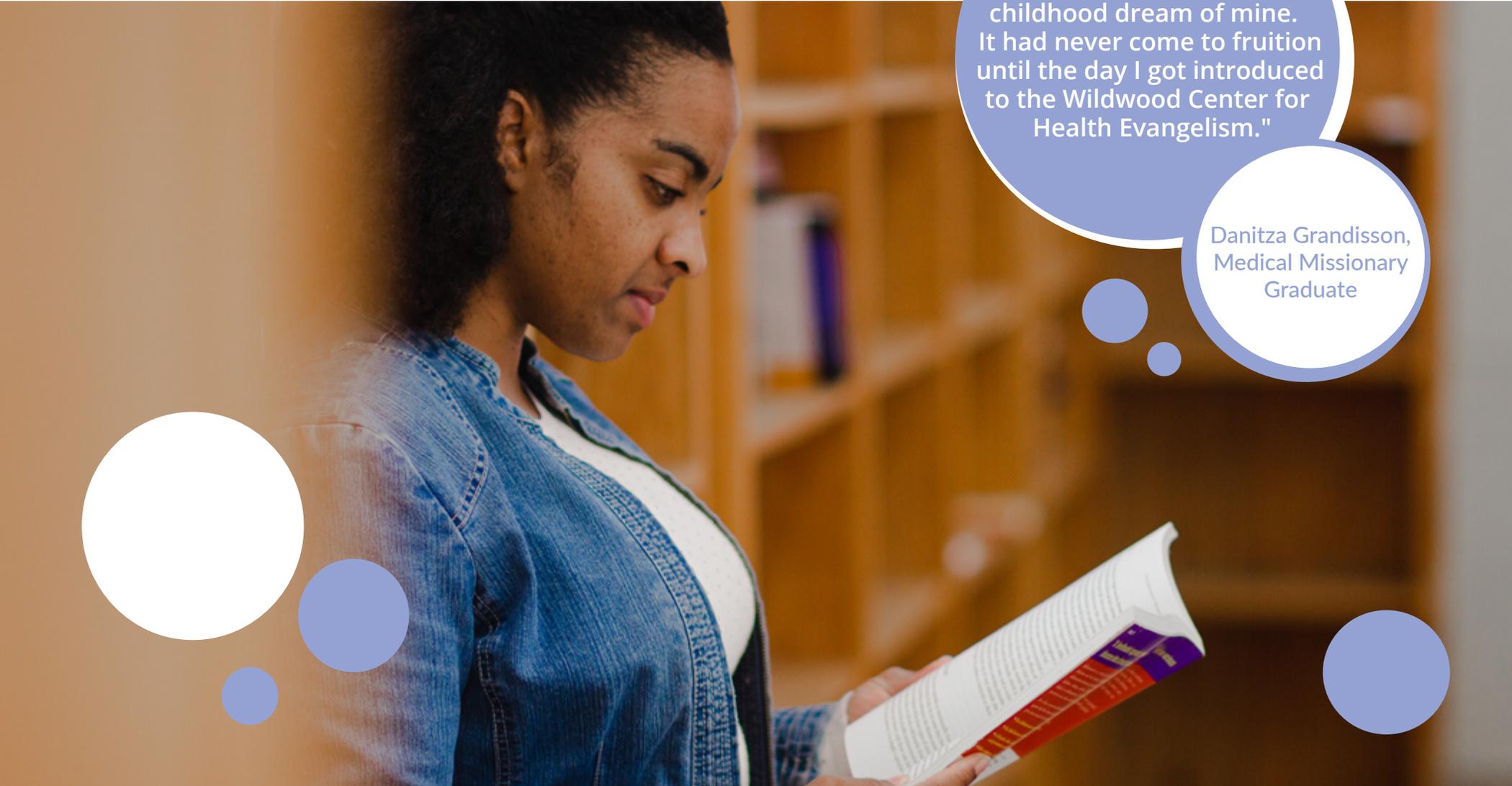
## DISCOUNTS (STUDENT ID)

Photographs for the ID cards will be taken during orientation, and ID cards issued to each student. ID cards can optionally be worn during class but should always be worn while working at assigned departments on Wildwood's campus. This is to make students recognizable for all workers, lifestyle guests, and Natural Food Market customers.

If the student wishes to receive a discount at the Wildwood Natural Food Market or Clinic, they need to show their ID cards\*. Students can receive the following discounts:

- Wildwood Natural Food Market: 10% off\*.
- Clinic: 25% off.

*\*Purchases are not to be made for anyone else at discounted prices. Lost ID cards will be replaced at a cost of \$5 per replaced ID.*



"Becoming a medical missionary was a childhood dream of mine. It had never come to fruition until the day I got introduced to the Wildwood Center for Health Evangelism."

Danitza Grandisson,  
Medical Missionary  
Graduate



# PRACTICAL WORK POLICY

Wildwood is not a college or university and we do not provide classes in such a setting. We are a medical missionary training institute and we seek to follow as closely as possible the blueprint for education as outlined in Scripture and Ellen White's writings. One of the areas where character is developed best is practical work. This is therefore considered to be one of the most important parts of the students' training and has been embedded into the course to offset the room and board costs.

The students' practical work policy requires a commitment of approximately 27 weeks of service in an assigned position (approximately 23 weeks for an in-class student).

All students have the privilege of serving the Lord in various work assignments in the mornings or afternoons (depending on the course he takes) based on the needs of the Institute at the time. This may include working in any of the departments on campus, such as: Campus Maintenance, Lifestyle Center Maintenance, Landscaping, Lifestyle Center housekeeping, Natural Farm, Natural Food Market (including herb shop), media, switchboard, administrative offices, Lifestyle Center's Diet Kitchen, Student Cafeteria, Wildwood Clinic, etc. These assignments are designed to promote a healthy balance between body and mind.

The Human Resources department assigns all students positions in various departments on Wildwood Health

"The benefit of manual training is needed also by professional men. A man may have a brilliant mind; he may be quick to catch ideas; his knowledge and skill may secure for him admission to his chosen calling; yet he may still be far from possessing a fitness for duties. An education derived chiefly from books leads to superficial thinking. Practical work encourages close observation and independent thought. Rightly performed, it tends to develop that practical wisdom which we call common sense.

It develops ability to plan and execute, strengthens courage and perseverance, and calls for the exercise of tact and skill."

Ellen White, Education, page 220

Institute's campus. The following is taken into consideration:

- Specific needs of the institution
- Desired workplace
- Previous work experience

## WORK EVALUATIONS

For the purpose of continual growth and learning, the missionary volunteers' and students' work are evaluated on a monthly basis by their supervisor. Supervisors will also counsel with the students in areas that may need improvement. Differences in performance are normal among students. However, a student who delivers work that is continually unacceptable - even after having received feedback from his supervisor - will be asked to leave Wildwood, and will be given the option of completing the course online.

## MISSIONARY VOLUNTEER ACCOUNT CREDIT

Missionary volunteer work hours will be credited as tuition credit.

## WORK HOURS LOG

Students are responsible for keeping track of their work hours in a monthly work hours log. These must be signed by the students' supervisors and submitted to the Accounting office at the end of each month. Work hour logs that are not submitted by the fifth business day of the following month will incur a three credit late fee for each business day it is late.

## VACATION

Participants of the missionary volunteer program can take up to two weeks of vacation outside of the 27-week commitment. Student vacation leave forms must be obtained from the Human Resources (HR) office, signed by the work supervisor, and be approved by the HR Committee. All vacation

requests must be planned and submitted ahead of time.

Failure to commit to the agreed 27 weeks of service without adherence to the vacation and leave of absence procedures, or without prior approval given for absence or vacation, will result in a penalty of \$350. Missionary volunteers could also potentially be asked to discontinue the missionary volunteer program.

## WORK PLACE LIABILITY

Students will be held responsible to pay for careless damage to the Institute's property or equipment for up to 50% of the replacement or repair costs as determined by appropriate persons.

*Scan QR code with your phone camera  
or click on QR code for a missionary  
volunteer testimony.*





## DORM & STUDENT LIFE

### DRESS CODE

Understanding that proper dress helps in our personal witness for Christ, we ask that all workers, interns, missionary volunteers, students, and medical observers give due attention, prayer, and study to this subject. Students should dress in such a manner in which they reflect the sacred purposes of Christian education. The Wildwood Center for Health Evangelism upholds the following guidelines for personal appearance:

### CHRISTIAN DIGNITY & SIMPLICITY

Carelessness, sloppiness, or untidiness should be avoided as well as the opposite of extravagance. Clothing should be selected in good taste, with a pleasant, attractive appearance.

### APPROPRIATENESS

Presentable, durable work clothes for physical work, modest casual attire for recreational purposes, and more dignified clothing for classes and group worships should be worn. Jeans or T-shirts are not appropriate in the classroom.



*Scan QR code with your phone camera or click on QR code for a dorm walkthrough.*

### MODESTY & HEALTH

The opportunity to appreciate one as an entire person without drawing attention to the body or person, especially in a sensual manner, through dress or grooming is the goal. Shorts, sleeveless tops, see-through clothing, tight-fitting clothes, or low-cut necklines should be avoided. For skirts or dresses, hemlines must be well below the knee, both while standing and sitting. Slits cannot reach higher than the knee.

### MATURITY & CONFIDENCE

Self-respect and a sense of security in Christ are demonstrated by good grooming without the need to resort to artificial adornments such as jewelry, colorful cosmetics, or faddish clothes.

### ROLE DISTINCTION

Clothes and hairstyles should emphasize the unique and sacred identities of men and women (men are required to wear pants and women are required to wear skirts or dresses).



## LASTING QUALITY

We encourage you to choose clothing that is durable and will last due to its high quality in fabric and make.

## APPEARANCE

Generally speaking, make-up is not to be worn aside from any deemed necessary for corrective measures.

If you cannot afford to change your wardrobe to meet these standards for any financial reasons, please talk to one of the deans or another worker in charge of student life at the Center for Health Evangelism.

## USE OF MEDIA & TECHNOLOGY

Modern advances in technology are often a double-edged sword. On the one hand, they can be a powerful tool in the acquisition of knowledge and the proclamation of truth. On the other, they can be a significant distraction or exert unhealthful influences on the formation of Christian character. For this reason, Wildwood Center for Health Evangelism asks missionary volunteers, students, and interns to restrict the technological devices they bring to those which are practical, useful, and edifying.

- Televisions, stereos, computer games, video games, etc. should not be brought. We ask students to maintain a quiet, studious atmosphere in harmony with Christian principles.
- No inappropriate movies, TV shows, or YouTube content are allowed to be watched during the student's stay on campus.
- Free access to the internet will be available in our buildings though there is a cut-off time each day.
- All music needs to be in keeping with Christian standards as outlined in Philippians 4:8. Music classified as Christian rock, pop, rap, hip-hop, jazz, blues, techno, or metal is not allowed.

## RELATIONSHIPS

Group interactions between men and women provide opportunities for missionary volunteers and students to get to know each other appropriately, learn about themselves and others, and learn about what is important in the future selection of a life partner.

When education is seen as a sacred preparation for a life of ministry, however, the conscientious student should be careful to avoid all social involvements that might hinder their work of preparation.

To help students guard against distractions during their education while at Wildwood, there is no dating or courtship permitted for students except when special permission is granted by the Executive Committee. In that case, the courtship will also be announced at vespers or in the Wildwood Alert. Only then may the courtship officially start. The formation of "special friendships" where men and women frequently pair up together, or which produce an attachment to the exclusion of others, is prohibited.



## DORM GUIDELINES

Residents of the dorm are a mixture of Health Evangelism, Lifestyle Counseling, and Ministry Management students, missionary volunteers, interns, and medical observers. Consider the following for an enjoyable dorm life:

- Pray for your roommate. You have the unique privilege to see and know poor habits and strengths of your roommate that others may never see. It is often easier to also perceive their weaknesses. Use this opportunity to pray for and with your roommates. You can also pray for your interactions and any struggles either of you may have.
- Respect your roommate's property. Refrain from using, borrowing, or moving your roommate's possessions without their knowledge. This includes, but is not limited to: their clothing, electronics, books, etc.

- Respect your roommate's space. While you are living in close quarters, it is important to understand how to share the space. This may mean refraining from having loud telephone conversations, playing loud music, or engaging in any disruptive behavior while your roommate may need quiet time.
- The outside doors should be closed quietly so that others are not disturbed.
- Make sure that windows are closed during rainstorms and when the heater or air conditioning is running. When it is not raining, you may crack the windows open just a little bit but not wide open. By doing this, you are helping to prevent mold build-up in the A/C system during humid summers while also saving electricity and therefore being a good steward.

## TYPICAL DAILY SCHEDULE

6:30-6:50am	Morning worship
7:00-7:40am	Breakfast
8:00-8:50am	Principle classes
9:00-12:50pm	Classes/practical work
1:00-1:40pm	Lunch
2:00-6:00pm	Classes/practical work

## DORM WORSHIP

All students must attend dorm worship. It encourages spiritual growth, unity, and love for one another. Worships are scheduled on a rotation basis. Please check the dorm worship schedule for when you will be giving the worship talk.

## CURFEW

- Respect your roommate's space. While you are living in close quarters
- Adequate rest is essential to the maintenance of physical, social,



and spiritual health. The institute requires dorm residents to be in their respective dorms by 9:00PM on weekdays. Lights should be out by 9:30PM. If students are not able to be in the dorm by 9:00PM, they are expected to contact the dean or Education director beforehand to explain their situation.

- The dean will do periodic curfew checks. The resident assistant will check every night to see if all dorm residents are inside. (See Christian Education, page 124 by Ellen White.)
- You are only to sleep in the room you have been assigned to. Do not sleep in the living room or a friend's room.

## DISCIPLINARY PROCEDURE

If a student appears to be moving away from the goals and principles of Wildwood Health Institute, an effort will be made to restore the student to a spirit of willful harmony. This disciplinary process begins with personal consultation and prayer. Should this seem inadequate to accomplish needed change, the Institute may restrict the student's privileges or even suspend him/her from the Institute for a time. In rare cases—where a student is unresponsive to counsel or discipline, or his influence appears detrimental to other students—the institute reserves the right to dismiss the student without a refund.

## SUMMARY OF DISCIPLINARY PROCEDURE

- 1 First, a minimum of two verbal warnings will be given when deemed necessary. A record of all warnings given will be kept.
- 2 If verbal warnings are unheeded, the case will be taken to the Education Committee, and a written warning will be issued.
- 3 If behavior persists, the case will be taken to the Executive Committee at Wildwood Health Institute for a final decision. Depending on the gravity of the case, this procedure can

be omitted and the Executive Committee can take immediate action. The Wildwood Center for Health Evangelism reserves the right to dismiss any student, without a refund, who consistently fails to comply with the Institute's rules.

## STUDENT LEAVES

For accountability and safety, if you are leaving campus, please sign out (and sign back in) on the appropriate dorm notice boards as directed by the relevant dean. If you are leaving campus overnight, please fill out overnight/weekend student leave form at least three days prior, get the necessary signatures on the form (dean, work supervisor, and course coordinator) and give the form to the dean before leaving campus.

## CLEANING

Each dorm resident is responsible for cleaning the dorm on a rotation basis. Please check the cleaning schedule for when you are responsible to clean the dorm. Cleaning supplies are located in the





laundry room cabinets. Please notify the resident assistant or dean when cleaning supplies are getting low.

Empty out all indoor communal area trash cans into the outdoor trash can. Please do not place your room's trash into the laundry room's trash can.

### **FOOD**

No food is allowed inside dorm rooms, on the back porch, and on windowsills, as it tends to attract various unwanted pests and animals. Food is allowed only in the kitchen area and sitting area.

### **LAUNDRY**

- There are washers and dryers in each dorm for student use.
- Laundry detergent is not provided. Please help keep the laundry room tidy and neat throughout the week.
- No laundry should be done on Sabbath. Friday washing and drying should be completed no later than one hour before sunset.

### **VISITORS**

Men and women should consider dorms of the opposite gender off limits except by special permission from the deans, student life coordinator or Education director.

### **PERSONAL BELONGINGS**

The Wildwood Center for Health Evangelism will not be held responsible for any stolen or damaged items. When you leave Wildwood, all belongings should be removed. The Institute is not responsible for items left behind. Items not removed within 30 days after your departure will be disposed of.

## INSTITUTE PROPERTY

- Preserve the building for future use. Please do not put any nails or screws in the wall or make holes otherwise.
- Thermostats in the dorm should not be touched. The heating/airconditioning system is controlled by the Lifestyle Maintenance department. Please contact the dean if any adjustments need to be made.
- Damage that occurs as a result of negligence or carelessness will be the responsibility of the room's occupants. We understand that sometimes accidents happen or we may forget, but this does not free you from any responsibility.
- Furniture in the rooms have been placed in their permanent place. They are not to be moved.
- Please do not put stickers, pictures, or any other similar items on the furniture as it can damage the wood and its finish.
- Please help keep the dorm clean by removing your shoes before walking on the carpet where applicable.

## RELIGIOUS SERVICES

Prompt attendance at these services is required.

### TUESDAY

7:00-8:30PM

Prayer meeting

### FRIDAY

7:00-8:30PM

Vespers family meeting

### SABBATH

9:15PM

Sabbath school

11:00PM

Church service

## WILDWOOD CHORALE & BELL CHOIR

Both the Wildwood Chorale and Wildwood Bell Choir have had the privilege of performing at various local conferences, Adventist and non-Adventist churches, academies, etc. All students and workers are highly encouraged to join these musical groups, especially since music is an important part of educational development, and a way to minister.



## SABBATH MINISTRY

Wildwood Health Institute has a lifestyle center on its campus.

Because of the necessity of continuing certain services for the sick and needy during the Sabbath hours, we ask our staff and students to participate in this special ministry. This helps relieve workers who serve in patient care, the Diet Kitchen, and the Student Cafeteria. Food in both the Diet Kitchen and the Student Cafeteria will be prepared before Sabbath as much as possible, but some things cannot be done before and need to be done as part of Sabbath ministry.

## FAMILY MEETINGS, GENERAL ASSEMBLIES, & CAMPUS MEETINGS

As an intense program full of activities on our campus and outside, we acknowledge the importance of having clear communication between all those who participate, lead, or support these activities.

- Every first Monday morning of each month: general assembly (all students and CHE staff).
- Every first Monday evening of the month: workers meeting (missionary volunteers and students are encouraged to participate).

Our Human Resources department prepares a monthly schedule for workers and students to serve in Sabbath ministry. This usually takes a couple of hours on a Friday evening and a Saturday morning, or a couple of hours on a Saturday afternoon and evening. This ministry is done only in the departments essential for the care of the sick and the students who need to eat.

Jesus himself lived among men “as he that serveth”, and indicated that it was lawful to do good on the Sabbath.

When assigned to Sabbath ministry at the Lifestyle Center, you will receive a copy of that month’s Sabbath ministry schedule. Please be attentive and faithful to this ministry.

You are expected to come to the Diet Kitchen at 2PM on the Friday of the weekend of your Sabbath ministry to receive instructions.

Switching Sabbath ministry with another student is allowed if you notify the Human Resources department on time. You cannot switch Sabbath ministry unless Human Resources gives you permission to do so.

If you do not show up for Sabbath ministry, you will be charged a \$20 fine, which is to be paid at the Accounting office. You will also need to serve an extra Sabbath.

## KITCHEN DUTY

A shortage of people to run the student cafeteria would mean that every student who is in the Missionary Volunteer program or the Basic Medical Missionary course would have to do kitchen duty occasionally even though it is not their assigned place of duty. In the event of this occurring, students would be notified and a schedule posted for serving the food and cleaning the cafeteria. The hours served would count towards the weekly hours.

## PRINTER

A printer is available for student use in the library. Printing costs for documents other than homework and timesheets are as follows:

- **BLACK & WHITE**

\$0.05 per sheet one side, \$0.08 per sheet both sides.

- **COLOR**

\$0.20 per sheet one side, \$0.25 both sides.

## EDUCATION PARKING LOT

The Education building's parking lot is reserved for staff working at the Education building and off-campus students only.

## VAN POLICY

Center for Health Evangelism vans are to be used for educational purposes only, unless special permission is given by CHE staff. In such cases, the use of the vehicles will be at the student's own risk and expense as follows:

- \$0.50/mile for small vehicles
- \$0.65/mile for large vehicles
- Inter-departmental van use is at \$0.45/mile.

The student is liable to pay either the cost of repair or the insurance deductible (whichever is less) if a vehicle has obtained damage.

Only students who have a valid U.S. or international driver's license, and have received permission from CHE staff, are allowed to drive campus vehicles. A key can be picked up at the Education office.

Students, missionary volunteers, interns, and staff have to be 25 years or older to drive the big vans.

## MAIL

### INCOMING MAIL

- Address to use is *435 Lifestyle Ln, Wildwood, GA 30757*.

- Regular mail will be delivered by the Wildwood USPS office and distributed to assigned mailboxes in the mailroom next to the guest house on Lifestyle Ln. Incoming mail is delivered before the end of each business day. The dean and/or resident assistant will collect all dorm mail and distribute it accordingly for security purposes.
- Packages by UPS and FedEx are dropped off at the Lifestyle Center and put in the mailroom on shelves categorized according to alphabetical order. You can find your package under the first letter of your last name. The switchboard operator will call or text you to let you know that your package has arrived. The operator also has a key to access the mailroom.
- You will be notified of any non-FedEx or UPS packages that are too big to fit in your mailbox. Those packages will be delivered to the mailroom at the Lifestyle Center as well, and can be picked up during regular business hours.

### OUTGOING MAIL

- Mail may be deposited in the slots labeled U.S. Mail, which can be found near the Business Office at the Lifestyle Center and in the campus mailroom next to the guest house. Outgoing mail is picked up by the post office between 12:00PM and 1:00PM.
- Mail to departments or individuals on campus may be deposited in the slots marked Campus Mail.
- All mail to other countries in large envelopes and letters weighing over 10 ounces should have a green customs declaration form filled out and put on the envelope. Anything over 16 ounces should have a white customs declaration form on it.
- UPS and FedEx packages that you would like to return can be put in the mailroom at the Lifestyle Center on the returns shelf. You will first need to initiate the return on the website of the store where you ordered your product, and then choose the pickup option.



## STUDENT CAFETERIA

A plant-based breakfast and lunch are served at the Student Cafeteria seven days a week. Since we are unable to provide accommodations for special dietary needs or preferences, we ask that all students plan accordingly. Charges will not change based on how often you eat in the cafeteria or not.

### CAFETERIA RULES

- On weekdays, the Student Cafeteria is open for breakfast from 7:00AM till 7:40PM. Food will be served until 7:20AM.
- On weekends, the cafeteria is open for breakfast from 7:30AM till 8:10AM. Food will be served until 7:50AM.
- On weekdays and weekends, the Student Cafeteria is open for lunch from 1:00PM till 1:45PM. Food will be served until 1:20PM.
- Those eating at the cafeteria can help themselves to seconds after

7:30AM (breakfast) and 1:30PM (lunch).

- New plates and bowls are required for seconds to help prevent the spread of germs. This is according to Georgia state law which we ask students to abide by.
- Covering up food with extra plates to be taken out of the Student Cafeteria is not allowed. If you would like to take food out, please pay 50 cents for a take-out box.
- The cafeteria has tables designated for food consumption. It is not allowed to eat anywhere else in the cafeteria.
- Only authorized kitchen staff wearing hairnets and gloves are allowed in the kitchen area.

### VISITOR MEALS

- Adults: \$8.50/meal
- Children under 12 years old: \$5.00/meal
- Wildwood and LIGHT workers: \$5.00/meal
- If a visitor will be at Wildwood for a couple of days and would rather pay with a meal ticket, he can request one at the Accounting office.

### SPECIAL DIETS

Unfortunately, the Wildwood Center For Health Evangelism Student Cafeteria is not able to cater to those who require special diets and preferences. We strongly urge students who have food allergies or intolerances to discuss this with the registrar before applying, and include this in their application.

In the event that a student develops a food intolerance while enrolled, the school reserves the right to ask the student to do a food allergy test for them to be granted a separate arrangement which would involve them preparing their own food. (Please note, this is not a common practice at the school and is allowed by committee evaluation and approval only.)





## RECREATION

### LAKE EDNA

Swimming and canoeing in Lake Edna are allowed at the student's own risk under the following conditions:

- To ensure safety, students are not allowed to engage in any lakeside activities alone.
- Life jackets are to be worn by those who cannot swim and weak swimmers when they are in the water or in a boat/canoe.
- Men and women are not allowed to swim at the same time with the exception of families.
- No fishing is allowed in the lake.
- Off-campus people are prohibited from using the lake's facilities.
- Before anyone engages in lakeside activities, a liability release form must be signed. This can be picked up and handed in at the Human Resources office.

### CAMPING

Campouts allow a special time of fellowship with others and God in His nature. In-class students will have the opportunity to participate in a CHE-organized weekend-long camping trip at least once a semester. Workers and missionary volunteers can also attend, but might be scheduled to serve in Sabbath ministry that weekend. It is not guaranteed that they can join the students for campout. Please bear in mind that CHE guidelines, as found in this handbook, also apply during recreational trips and mission trips.





## LIFESTYLE CENTER & CLINIC

The Lifestyle Center accommodates guests dealing with various illnesses. They stay there for up to 25 days while receiving various treatments. They have a right to a quiet and serene atmosphere, and their privacy should be respected.

### MEDICAL ADVISOR

A medical advisor is assigned to visit and treat students in case of illness. This service is free of charge and dependent on availability. The medical advisor will not provide medical services but rather advise you on what actions to take for optimal recovery by suggesting lifestyle change, or the use of natural remedies (including hydrotherapy for which a prescription should be sought from a physician at the Wildwood Clinic). He or she can also recommend that you see a physician. The students can request this service from their dean.

### CLINIC

Students are welcome to make an appointment with a physician or nurse practitioner at the Wildwood Clinic by calling the switchboard operator at (706) 820-1493. Students should have their own medical insurance. If there is anything left to pay after the insurance company has been charged, Wildwood will grant a 25% discount on services performed at the Wildwood Clinic and Wildwood Lifestyle Center.

### CHILDREN

Children are not allowed to wander by themselves at the Lifestyle Center.

### HYDROTHERAPY

- All students requesting the use of the hydrotherapy facilities must show a physician's prescription to the Hydrotherapy department manager, and schedule a date and time with them. Treatments scheduled during working hours will be charged according to the set fee for the treatment.
- A price list can be requested at the Business Office at the Lifestyle Center. Students can pay for these services with their student credit in their student accounts with approval from the Education department.
- Treatments scheduled after work hours are free of charge, but these must comply with the *Policy of After Hours Use of Hydrotherapy Facilities*.



- The Education department will appoint a supervisor to oversee the use of the hydrotherapy facility for treatments between 6:00PM and 7:00PM. The facility will not be accessible after 7:00PM.
- The student is expected to provide his/her own linens to use in the facility. The facility must be left in the same condition as how the student found it. This includes cleaning anything if necessary.

## LAUNDRY

Laundry services are available in the dorms. The Lifestyle Center's laundry service is reserved for lifestyle guests and workers at the Lifestyle Center whose work requires to do laundry. Each semester, an advanced student sleeps in one of the rooms at the Lifestyle Center as part of his work as a nighttime caretaker. This student is allowed to use the laundry facilities at the Lifestyle Center.

## LITERATURE

Literature placed in the Lifestyle Center's public areas is reserved for lifestyle guests.

## SPA & PARLOR

The spa and parlor areas are not available for students to use. Students must request permission from the Lifestyle Center's administrator or Human Resources director before using these facilities.

## RELAXATION & HOMEWORK

Students are not allowed to spend their free time relaxing or socializing in the Lifestyle Center, or doing their homework there. The Education building, dorm, picnic tables, and benches on campus are available for such needs.





## **INTERNATIONAL STUDENTS**

### **INTERNATIONAL STUDENT VISA INFORMATION**

The visa category to study at the Wildwood Center for Health Evangelism is the M1 student visa, which is the visa for nonacademic or vocational studies. Go to [studyinthestates.dhs.gov](https://studyinthestates.dhs.gov) for more information.

### **M1 VISA REQUIREMENTS**

To qualify for an M1 visa, you must demonstrate the following:

- You have been accepted for a full course of study by the Wildwood Center for Health Evangelism. (As proof, we will send you a Form I-20M-N, certificate of eligibility for nonimmigrant (M1) student status for vocational students.)
- You have sufficient proficiency in English to pursue the intended course of study.
- You have sufficient funds to cover the first year of study, and access to sufficient funds to cover subsequent years. (You may establish this by presenting copies of your current bank account or bank account of an individual who serves as your sponsor).
- You have a permanent residence in your home country which you do not intend to abandon. (You may establish this by presenting evidence of economic, social and/or family ties in your homeland sufficient to encourage you to leave the U.S. upon completion of your studies, which may include the following: ownership of property, proof of immediate family that is still based in your home

country, such as your parents and siblings, evidence of mortgage payment, a car, or anything else that can show that your intention is to return to your home country.)

- You have proof that you intend to depart the U.S. upon completion of the course of study. A letter from a future employer stating that you have a job offer when returning home would suffice.
- Your proposed education in the U.S. would be useful in your homeland, and therefore encourage you to leave the U.S. upon completion of your studies.

## **M1 VISA APPLICATION PROCESS**

The following are the necessary steps you will be taking to obtain an M1 visa:

- **GET YOUR I-20 FORM**

Once the Wildwood Center For Health Evangelism has determined that your student application is complete and has accepted you into the program, we will issue an I-20 form to enable you to apply for your student visa which will be mailed out to your residential address mentioned in your student application.

- **SUBMIT D6-160 FORM ONLINE**

Your DS-160 form is the first form that you have to submit online. Access the online DS-160 by going to the Consular Electronic Application Center's website. You should fill out all the necessary information which is relevant to your background, objectives in the U.S., and your program of study. At the end, when you submit the form, you will get a confirmation code and see a page which you will need later on for the interview and document file.

- **PAY YOUR VISA APPLICATION FEE**

The visa application fee for the M1 visa varies depending on where

you live. Please check with your embassy or consulate to find out the amount. This is a non-refundable fee which means that even if you don't get the visa, you will not get the money back. Besides this fee, there may be additional fees depending on the embassy that you are applying at. If you are from specific countries, you might also have to pay a visa issuance or reciprocity fee which is determined by the US embassy. Keep the receipts which prove that you have paid all fees.

- **PAY THE SEVIS I-901 FEE**

When you receive your I-20, go to <https://www.fmjfee.com> to pay the SEVIS I-901 fee online. Print your receipt as proof of payment.

- **SCHEDULE YOUR INTERVIEW**

Following the fee payment, schedule an appointment at a U.S. embassy or consulate in your home country to apply for an M1 visa. Applicants for student visas should generally apply at the US embassy or consulate with jurisdiction over their place of permanent residence. (This will normally be your home country, the country in which you live.) Although visa applicants may apply at any U.S. consulate abroad, it may be more difficult to qualify for the visa outside the country of permanent residence. You will need to present the following documents:

- **I-20**

Issued by CHE.

- **DS-160**

An online application for non-immigrant visas completed and signed by each member needing a visa.

- **PASSPORT**

Must be valid at least six months into the future.

- **PICTURES**

You can upload a digital photo that is:

- In color
- Sized such that the head is between 1 and 1 3/8 inches (22 mm and 35 mm) or 50% and 69% of the image's total height from the bottom of the chin to the top of the head.
- Taken within the last six months to reflect your current appearance.
- Taken in front of a plain white or off-white background.
- Taken in full-face view directly facing the camera.
- With a neutral facial expression and both eyes open.
- Taken in clothing that you normally wear on a daily basis.

- **FINANCIAL DOCUMENTS**

These are to prove availability of funds to support your education (includes bank letters, sponsor's letter, etc.).

- **PROOF OF PAYMENT OF SEVIS I-901 FEE**

See above

- **ATTEND YOUR INTERVIEW**

Finally, attend your visa interview. Have all your documents ready and be prepared to answer the interview questions. The M1 visa interview questions will revolve around your intentions for going to the U.S., your financial situation, and the ties to your home country. If you are bringing dependents, such as a spouse or children, you will also be asked to prove your relationship to them.

## **FREQUENTLY ASKED VISA QUESTIONS**

The visa category to study at the Wildwood Center For Health Evangelism is the M1 student visa, which is the visa for nonacademic or vocational studies.

### **DO I NEED TO HAVE PROOF OF PURCHASED HEALTH INSURANCE?**

To obtain an M1 visa, you are not required to present proof of health insurance to the consular officers. However, due to the high costs of healthcare in the United States, you are strongly recommended to get yourself covered before taking the trip.

### **WHAT IS THE M1 VISA PROCESSING TIME?**

The processing time for the M1 visa is quite short. The processing happens after your visa interview. There are cases when you get a response right after your interview ends, with the interviewer either congratulating you or stating the reasons for your denial. However, most of the time you should expect a processing time of a minimum of four weeks. Even if it takes more time, do not be alarmed. Most likely, there was a heavy workload at the embassy or consulate and a fast response wasn't possible.

### **HOW LONG CAN I STAY IN THE U.S. WITH AN M1 VISA?**

The validity of your visa depends on how long your vocational education takes. You might be given a visa for the total duration of your studies, or for a shorter time. However, your Form I-20 is only valid for one year. This means you will have to get a new one each year. The M1 visa and the Form I-20 can be extended for a maximum of 3 years. If your visa is not valid for the duration of your studies, you will have to apply for an extension. The Wildwood Center for Health Evan-

gelism has a support office that will help you file for an extension. (Please be aware that USCIS will charge you approximately \$500 for extension applications.)

### **WILL I BE ALLOWED TO WORK IN THE U.S. WITH AN M1 VISA?**

The M1 visa allows some employment with restrictions. You are only allowed to work on campus. In fact, your ability to work on campus is “incident to status,” meaning that as long as you are maintaining proper M1 status (by attending classes full time and making good progress toward the completion of your course), you have general authorization to work on campus.

For work anywhere else, you will need to seek special work permission from either your Designated Student Officer (DSO) or United States Citizenship and Immigration Services (USCIS). The maximum amount of time that you are allowed to work is six months. To be allowed to work, you will need to get your Employment Authorization Document (EAD) or M1 Visa Work Permit. You can do so by filing Form I-538, Certification by Designated School to USCIS. The form needs to be signed by your Designated School Official (DSO). In addition, you should also file Form I-765, Application for Employment Authorization. All the work that you do, if your EAD is approved, should be related to your field of study.

Possible types of off-campus employment include CPT (Curricular Practical Training), OPT (Optional Practical Training), as well as severe economic hardship work authorization.

The 30-day grace period at the end of your permitted stay as an M1 student is meant to be used for getting ready to leave, enjoying a last few days touring the United States, and that's it. No working and no studying are allowed at this time. To do either would be considered a violation of your visa status.

### **CAN MY SPOUSE AND CHILDREN COME WITH ME TO THE U.S.?**

If you have a spouse or unmarried children under 21, they are allowed to come to the US too with an M2 visa. The M2 visa allows the dependents to accompany the M1 visa holder in the US for the duration of their studies. The M2 dependents get individual I-20 forms, but as soon as the M1 visa expires, they are also required to return to their home country.

M2 dependents are not allowed to work or study for degrees. They can enroll in recreational courses, and children can only complete elementary and middle school (until 12th grade).

### **WHAT ARE THE M1 VISA LIMITATIONS?**

As an M1 visa holder:

- You may not transfer from one school to another without authorization from the USCIS. An M1 student may only transfer programs
- within the first six months of arriving in the U.S. The only exception to this is if you are unable to stay at a school because of circumstances beyond your control, such as if a school closes.

You are not permitted to change your course of study.

- You are not permitted to work off-campus without authorization
- from the USCIS.
- You may not transfer over to an F1 status.

- As an M1 student, you are also prohibited from working while
- in the U.S. However, you may participate in Optional Practical
- Training (OPT) after you complete your studies. But, unlike with an F1 status where you may work for 12-29 months under OPT; as an M1 student, you may only work one month for every four months of study that you have completed, and for no more than six months in total.



# Wildwood

CENTER FOR HEALTH EVANGELISM

[healthevangelism.com](http://healthevangelism.com)

[registrar@healthevangelism.com](mailto:registrar@healthevangelism.com)